

SOFT SKILLS

EMPLOYABILITY SKILLS TRAINING

Date: 23-11-2023 to 02-12-2023

Participants: 119

Resource Persons: RoadELabs Technology

Programme Details: The School of Computer Applications organized a 7 days employability skills training workshop for final year MCA students. Resource persons were from RoadELabs Technology.



MOTIVATION, SOFT SKILLS TRAINING & TEAM BUILDING

Date: 01-03-2024 to 02-3-2024

Participants: 117

Resource Persons: Mr. Sooraj Abraham, Soft Skills Trainer

Programme Details: The School of Computer Applications organized a 2 day soft skills training workshop for final year MCA students. Resource person was Mr. Sooraj Abraham, Soft Skills Trainer.



LANGUAGE & COMMUNICATION SKILLS

Reading Day Competitions 2023

Date: 12-06-2023 to 21-06-2023

Participants: 32

Resource Persons: Faculty of Dept of Hindi

Programme Details: As part of the Reading Day celebrations 2023, the Department of Hindi organized a series of competitions to promote the joy of reading and literary creativity among students. The competitions included a Book Review Competition, a Diction Competition, and a Poster Designing Competition, each aimed at fostering a love for literature and language.



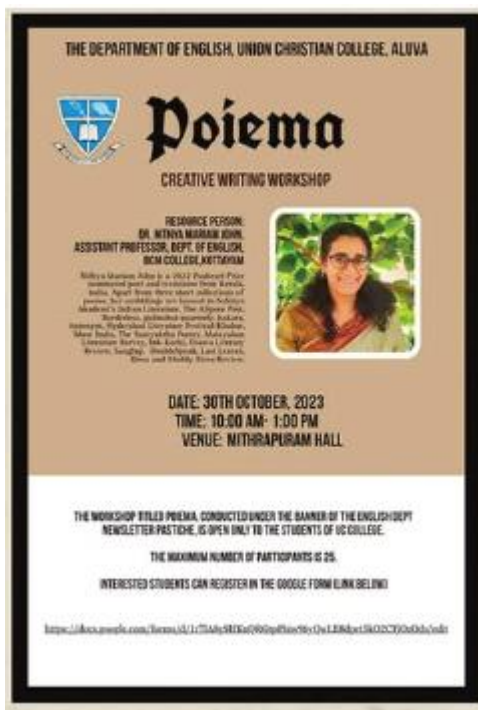
Poima: A Creative Writing Workshop

Date: 30-10-2023

Participants: 25

Resource Persons: Dr. Nithya Mariam John, Assistant Professor, Dept of English, BCM College, Kottayam

Programme Details: A Creative Writing Workshop titled “Poima” under the banner of the Department of English newsletter, Pastiche was held for the students of UC College, Aluva.



Theatre Workshop

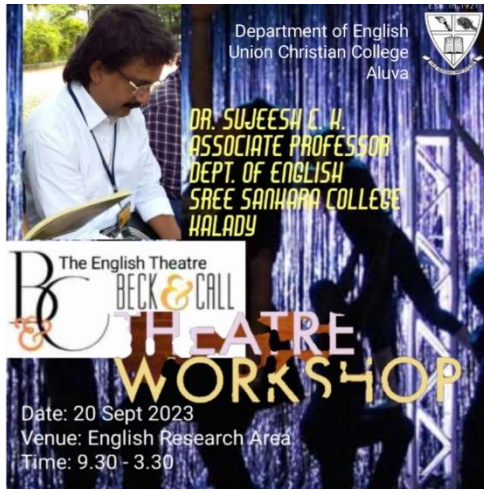
Date: 20-09-2023

Participants: 14

Resource Persons: Dr. Sujeesh K, Assistant Professor, Dept of English, Sree Sankara College, Kalady

Programme Details: The Department’s theatre ensemble, ‘Beck & Call’, organised a ‘Theatre Workshop’.

Dr. Sujeesh C K, Associate Professor, Dept. of English, Sree Sankara College, Kalady served as the resource person along with theatre activist and educator Mr. Adithyan.



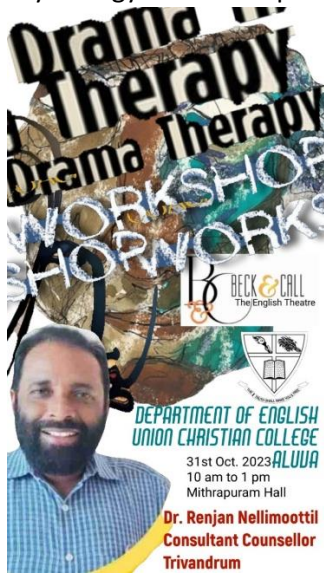
Drama Therapy Workshop

Date: 31-10-2023

Participants: 20

Resource Persons: Rev. Dr. Renjan Nellimoottil, Consultant Counsellor, Trivandrum

Programme Details: A Drama Therapy Workshop was organised by the department. The workshop was led by Rev. Dr. Renjan Nellimoottil, Consultant Counsellor, Trivandrum. 20 students from the Department of Psychology and the Department of English participated in the workshop.



LIFESKILLS

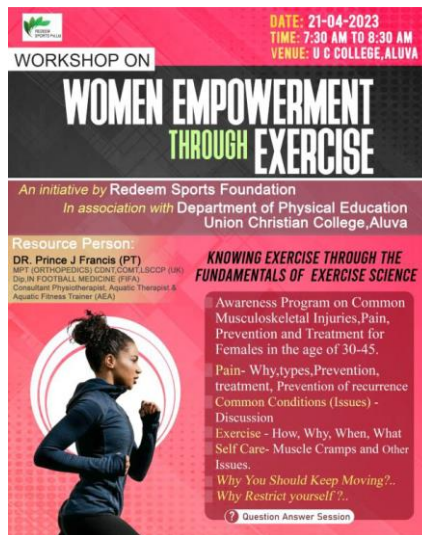
WOMEN EMPOWERMENT THROUGH EXERCISE

Date: 21-04-2023

Participants: 13

Resource Persons: Dr. Prince j Francis (PT), MPT (Orthopedics), CDNT, COMT, LSCCP (UK)

Programme Details: The Dept of Physical Education organized a short workshop intended to empower women through exercise was conducted and the session included cardio, strength training and yoga.



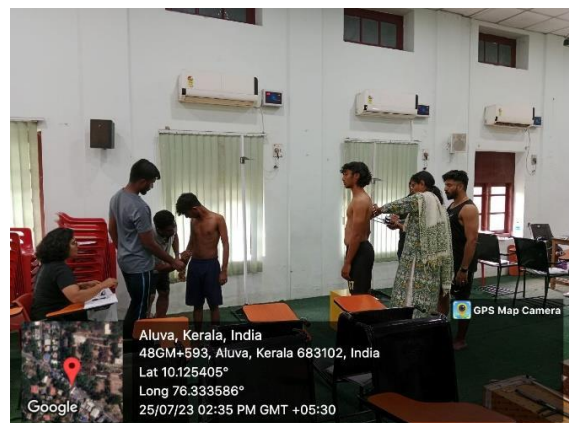
ISAK International Accreditation Course- Level 2- 24-07-2023 to 27-07-2023

Date: 24-07-2023 to 27-07-2023

Participants: 13

Resource Persons: Dr. Joselet Charles, ISAK Level 3- Instructor

Programme Details: The course is an introductory course in anthropometry and anthropometric techniques.



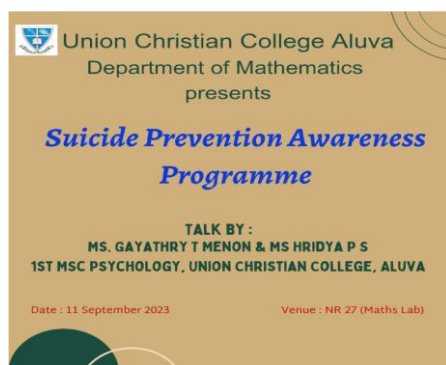
SUICIDE PREVENTION AWARENESS PROGRAMME

Date: 11-09-2023

Participants: 23

Resource persons: Ms. Gayathry.T. Menon, 1st MSc. Psychology, Union Christian College, Aluva & Ms. Hridya P.S., 1st MSc. Psychology, Union Christian College, Aluva

Programme details: The Department of Mathematics in association with Department of Psychology organized a Suicide Prevention Awareness Programme as a part of the World Suicide Prevention Day. Students of 1st PG psychology, Ms. Gayathry. T. Menon & Ms Hridya.P.S. conducted the talk where 23 students of our department attended.



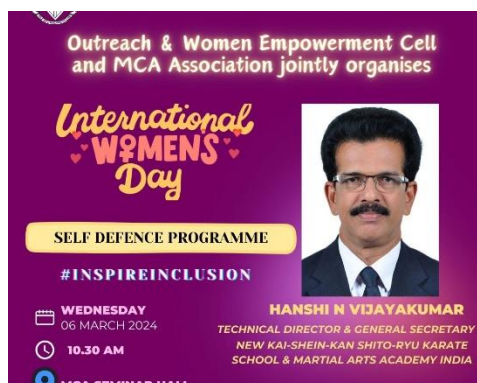
SELF DEFENSE WORKSHOP

Date: 06-03-2024

Participants: 117

Resource persons: Hanshi N.Vijayakumar, Technical Director and General Secretary, New- Kai- Shein- Kan- Shito- Ryo -Karate , School and Martial arts academy India

Programme details: The Outreach and Women Empowerment cell of School of Computer Applications organized a self defense workshop on International Women’s Day. Hanshi N.Vijayakumar, Technical Director and General Secretary, New- Kai- Shein- Kan- Shito- Ryo -Karate , School and Martial arts academy India, was the resource person.



INTERNATIONAL YOGA DAY by MCA

Date: 21-06-2023

Participants: 95

Resource persons: Mr. George Alexander , Yoga Trainer

Programme details: The Outreach and Women Empowerment cell of School of Computer Applications organized a Yoga training session on the occasion of international yoga day.

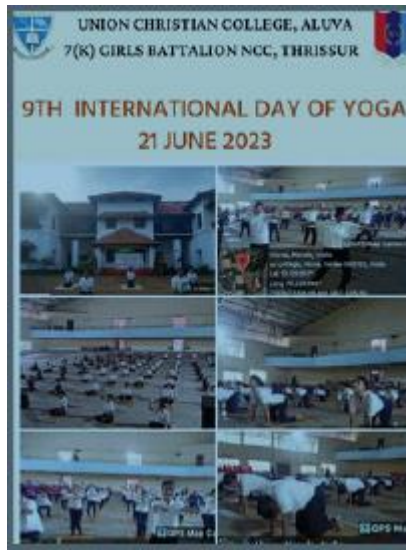
INTERNATIONAL YOGA DAY by NCC

Date: 21-06-2023

Participants: 118

Resource persons: Dr. Jeevan PS, Senior Medical Officer

Programme details: The 9th International Yoga Day was celebrated with great enthusiasm by NCC cadets in association with dept of physical education with a one hour yoga training session. Dr. jeevan PS, Senior Medical Officer, APHC Thuravoor and Senior Faculty of Art of Living was the resource person.



ICT/COMPUTING SKILLS

ADD ON COURSE IN MICROSOFT EXCEL

Date: 18-09-2023 to 25-09-2023

Participants: 60

Resource Persons: Mr. Jomon Joseph, Mr. Ajay & Ms. Aliya, KVJ Analytics, Kochi

Programme Details: School of Management Studies, U.C. College organised an Add on Programme in Micro Soft Excel for MBA2023-25 Batch Students from 18-9-2023 to 25-9-2023. The classes of 6 days programme were handled by Mr. JOMON Joseph, Ms. ALIYA, & Mr. Ajay of KVJ Analytics, Kochi. At the end an online examination conducted for the participants. All of our students cleared the test and received Google Certified Excel Certificate.