#### **Supporting Documents**

# KANAL CAMPAIGN 2023, GENDER EQUALITY AWARENESS CLASS AND SELF DEFENCE TRAINING ON 19/08/2023

In association with Women and Child Development Department, the NSS Unit conducted an orientation programme on the 19th of August, 2023 on the topic Gender, Justice and Equality Awareness. The National Service Scheme, Unit no.52 of Union Christian College, Aluva in association with the Women and Child Development Department, conducted an orientation class on the topic 'Gender, Justice and Equality Awareness' on 19/08/2023. The session was from 11.00 AM to 12.30 PM which was led by Smt. Darlin Donald, Family Counsellor, and Trainer. After the session, a self-defence training class was also conducted by rural police officers namely Biji and Ambili.



# **Department of Hindi**

The Department organised a lecture by Dr. Shalini Jose (Asst. Prof of Hindi, Bharata Mata College) on Gender Discourse in Hindi Short Stories on the 29<sup>th</sup> of May, 2023. The session created awareness on gender equality/equity.

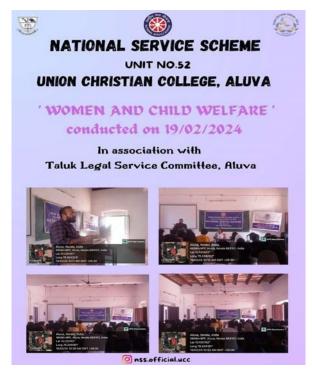
## **Department of Psychology**

Psychology department in association with (Govt. of Kerala) conducted a three-day training programme, Pathway - Social Life Wellness Programme from the 30th of October to the 1st of February, 2023. The sessions were led by Mr. Fabil Varghese (Psychologist), Adv. Charly Paul, Hajeesha Husain (VListen Mindcare Solutions), Dr. Ambika Devi, (Former faculty, SBS, MGU), Adv. T. K. Kunjumon, Dr. Razeena Padmam, (Former Director SBS, MGU).



WOMEN AND CHILD WELFARE 19-02-2024

NSS Unit No. 52 in association with Taluk Legal Service Committee, Aluva conducted an orientation session for the volunteers on the topic: "Women and Child Welfare". The session was led by Adv. Smitha Varghese, High Court Advocate.



On March 1st, Friday, at 2.30 p.m., 2024 in the English Department Reading Room, the KSWDC Women's cell organized a Discussion on Female Assertiveness and Gender Egalitarianism in our Culture. The resource person was Ms Thaniya K Leela, Consultant Psychologist and Certified L&D Trainer.

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Federation of India and organised a Self-Defence workshop that provided training and skills, equipping the participants with techniques for self-protection.

# International Women's Day - One Week of Celebrations

Women Cell UCC celebrated International Women's Day with multiple weekly programmes.

Invited Talk On 14/03/2024, Ms Maya S Paramasivam delivered a significant lecture related to the occasion in the History Seminar Hall. She analyzed the political economy of many movements, specifically Penpillai Orumai, Nilpu Samaram, Vizhinjam Samaram, IOC Samaram, and Moothrapura Samaram, all of which were spearheaded by female leaders in Kerala.

When Dark Women Speaks- Lecture by Dr Malavika Binny (Gender Sensitisation Programme) An academic lecture titled "Intersecting Caste, Colour, and Femininity: The Voice of Dark-Skinned Women" was arranged by the women's cell. The event took place on March 15, 2024, at the History Seminar Hall at 2:30 pm. Dr. Malavika Binny, an Assistant Professor in the Department of History at Kannur University, served as the principal guest for the program. She discussed the gender issues prevalent in our society and the academic perspective on them.

## Film Screening and Film Making Workshop- (Training and Cultural Programme)

UCC, in conjunction with International Women's Day, organized a filmmaking workshop on March 18, 2024, at the MCA Conference Hall, within the framework of the women's cell. Fazil Razaq, a highly acclaimed screenwriter, editor, and director, renowned for his exceptional direction, was the distinguished guest of honour and instructor at the workshop. Vinayak Suthan, a filmmaker and sound engineer, and Ishak Musafir, an actor, have received multiple state honours for their work in documentary films, short films, and telefilms, and were co-trainers of the programme. The morning session featured the screening of "Village Rockstars," an acclaimed film that has won awards. In the afternoon session, a short film called "Kamukan" was shown, which is a satirical critique of stalking. During both the morning and afternoon sessions, a total of thirty students actively participated and were engaged.

### Self-defence training programme (Training Programme)

The Women's cell of U C College, in partnership with Tharangam, Students Union, organized a self-defense training session on 22/03/2024 at VPN Hall, starting at 3.30 pm. The session commenced with an introductory statement delivered by Rariya, the Secretary of the Women's Cell. Anamika, a Karate instructor, teaches self-defence classes during times of crisis. Approximately fifty students from different disciplines took part in the training. The session concluded with a vote of appreciation delivered by Aneetta Roy, the female representative of the Union.

#### Legal Awareness for Women (laws for the protection and care of Women and Children)

The Women Cell of UC College, in partnership with the student union **Tharangam**, organized a Legal Awareness session for women on 22/03/2024, at VPN Hall from 2 pm to 3.30 pm. Adv. Smrithy, a practising lawyer in Family court served as the principal guest of the programme. She discussed the prevalence of sexual and verbal abuse targeting women. She discussed the significance of the Internal Complaints Committee (ICC), KSWDC Women Cell empowerment programmes, on campuses, emergency helplines, and initiatives like the 181 Mithra helpline numbers, pink police, women cell police stations, Vanitha Commission, and, most importantly, the Indian Judicial system and its rules for safeguarding women's rights. She presented the legal methods for submitting a petition in case individuals encounter any such problems.

UCC provides equal opportunities for all genders with respect to curricular and extracurricular activities and also adopts measures to sensitize the students and staff through awareness programmes charted at the beginning of each academic year. The teaching departments in association with the IQAC jointly organizes programmes with the NCC, NSS and other clubs of the college.

Action	Organized by	Tentative schedule
Have meetings of	IQAC and Conveners of	Two meetings per
Anti- Harassment	each Committee	semester
cell, Grievance cell,		
Anti-Ragging cell to		
monitor gender		
equality in		
the Institution		
Organize webinars	IQAC and Women Cell	At least one
towards gender		programme per
sensitization and		Semester
prevention of gender		
discrimination		
Promote concepts of	Department of	At least one
gender equality through	English,	awareness
awareness of Human	Department of	programme
rights (special	Hindi, Department	by each
emphasis to Rights	of Psychology,	department
of Women)	NCC, and NSS	
Promotion of Women	School of Management	At least one webinar
Entrepreneur skills	Studies	
Developing peace building	Centre for Peace Studies	Online certificate
skills and prevention	and Dialogue	course on
of violence		Fundamentals
		of Peace
		building

Action	Organized by	Tentative schedule
Have meetings of	IQAC and Conveners of	Two meetings per
Anti- Harassment	each Committee	semester.As per the
cell, Grievance cell,		requirements more
Anti-Ragging cell to		meeting have been
monitor gender		held based on
equality in		complaints
the Institution		
Seminar	Hindi Dept. on 29/5/2023	
Workshop	Dept. of Psychology in	
	association with Social	
	welfare dept. Govt. of	
	Kerala- 30/10/2023	
Organize webinars	IQAC and Women Cell	At least one
towards gender	Hindi Dept. on 29/5/2023	programme per
sensitization and		Semester
prevention of gender	International Women's Day	
discrimination	- One Week of Celebrations	
	Invited Talk On 14/03/2024,	
	political economy	
	When Dark Women Speaks- Lecture by Dr Malavika Binny	
	Film Screening and Film Making Workshop-	
	Self-defence training programme	
	Legal Awareness for Women	

Promote concepts of	Dept. of English and	At least one
gender equality through	Women's cell- Discussion	awareness
awareness of Human	on Female Assertiveness	programme
rights (special	and Gender Egalitarianism	by each
emphasis to Rights	in our Culture.	department
of Women)	NSS on 19.8.2023	
	NSS - in association with	
	Taluk Legal Service	
	Committee, Aluva	
	conducted an orientation	
	session for the volunteers	
	on the topic: "Women and	
	Child Welfare".	
Promotion of Women	School of Management	At least one webinar
Entrepreneur skills	Studies	The reast one weoman
Entrepreneur skins	MBA Dept Organised a self –	
	defense workshop- 8 <sup>th</sup>	
	March 2024	
	March 2024	
D 1 ' 1 '11'		
Developing peace building	Centre for Peace Studies	Online certificate
skills and prevention	and Dialogue	course on
of violence		Fundamentals
		of Peace
		building